



Alpha Inclusion and Communication

WHO WE ARE AND WHAT OUR SUPPORT LOOKS LIKE

A guide for parents and carers and your young people.



The Alpha way

Alpha Inclusion and Communication is a Social Enterprise providing services to support inclusion and accessibility into education and the workplace.

We believe that

Individuality and uniqueness in cognitive functioning can bring challenges and opportunities. At AlphaIC, we work alongside people to find out who they are and how they can get to where they want to be.

We have a range of practitioners on the team who are experienced in developing and facilitating personalised programmes to support inclusion and accessibility.



Our Values

We are aiming for a world where differences are acknowledged and understood.

We want school, workplaces and community spaces to actively engage in adapting environments, policies, procedures and user experiences to allow for these differences

We want everyone to be able to engage in learning, thrive alongside their peers and exceed their own expectations.



Neurodiversity - Celebrating and encouraging differences.



Professionalism - Demanding integrity and quality in all we do.



Innovation - Achieving excellence through creativity.



Compassion - Ensuring care and understanding is underpinned by sustainable support.



Our Sessions

Types of intervention we offer:

- Awareness of self and of others
- Emotional literacy and emotional regulation
- Development, understanding and support for social communication and interaction
- Collaborative working and teamwork
- Comprehension of social situations
- Sensory regulation
- Prosocial behaviours
- Support to explore and manage anxieties
- An increase in understanding of neurodiversity and strategies that may support individuals going forward

Our sessions are bespoke, and created based on both the young person's interests and outcomes set by practitioners from the information gathered in initial paperwork and meetings. This ensures engagement and support of the young person involved.



Meet our team



Hannah - Practitioner



Holly - Practitioner & EDI Lead



Ricci - Practitioner & Business and Service Development Lead



Leona - People Guardian



Sarah - Finance Administrator



Giusy - Practitioner



Jenine - Practitioner



Bridget - Practitioner



Claire - Practitioner & Safeguarding Guardian



Sean - Wellbeing Co-Coordinator

We aim to provide continuity by assigning a **named practitioner(s)** to a young person. However, where necessary anyone within the team may support, join your session or provide cover.

We can help to support young people by:

- Planning interventions based on their interests, feelings and needs.
- Allowing them to grow trust in adults which can promote transferable skills throughout their life.
- Supporting them to build positive relationships with others.
- Encouraging engagement.
- Promoting positive attitudes.
- Providing a safe space where they feel valued and heard, in a world they may feel excluded from.
- Preparing them for the wider world.



We can help parents and carers by:

We support parents and carers by

- Modelling and introducing strategies that can support your child.
- Giving expert advice by well-trained professional.
- Giving you someone to talk to and share your concerns with.
- Allowing you a safe space to communicate with a compassionate professional.
- Taking off some of the pressure you may face.
- Allowing you to feel heard.

- Being a trusted person, you can rely on to listen.
- Supporting you through difficult times for your young person.



How we have made a difference...

Feedback from 2024-25

'Patience, empathy, positivity, enthusiasm towards supporting A. and also guiding me on how to complement work done and also independently care for him.'

YP Parent

'Friendly, safe, and I feel comfortable with her coming round.'

Young Person

'The regular feedback has been very helpful in be able to keep track of C.'s progress.'

Assistant TES Officer

'Clear and consistent communication.'

TES Officer

'The support A. receives around processing situations and developing the skills to deal with this with increasing maturity. The communication between Alpha and School.'

Assistant Principal - SENCo

'J has managed to support and engage one of our non-attenders. This has led to the student attending school for some check in sessions and feel able to apply for college and be out in the community.'

Pastoral Manager



'I like how the sessions have football ik it to help me. I like everything. We go to different places like Gregories (thats what i call Greggs) and the library and the Dogs Trust to see DJ the dog. I love animals and my alpha things are fun and interesting.'

Young Person

How to find us



Website - www.alphaic.co.uk



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